



➔ Referral

Referral received from the probation practitioner and allocated through the referral and monitoring system.

Intended outcome of support identified at referral.

Upon allocation, a letter outlining support is sent out introducing the Case Worker who will be supporting them.

Text reminder is sent for the first assessment.

◆ Assessment

Initial assessment appointment takes place within 10 days after referral, highlighting any needs and barriers. An action plan is created using set SMART targets.

▶ Action Plan

Action plan with dates recorded on the monitoring system for the probation practitioner's approval.

Participant is provided with a copy of their action plan, so they know what their expected next steps are. The action plan will include frequency of contact needed and type of contact (phone/virtual/face-to-face, group-work).

Dates of next appointment are set out clearly to encourage attendance and engagement.

🏠 Support and Engagement

Sessions can explore:

- ▶ An introduction to behavioural change;
- ▶ Goal-setting;
- ▶ Identity/self-image;
- ▶ How to access community services;
- ▶ Communication skills; and
- ▶ Motivation and change.

Workshop options will be based on individual needs or target outcomes.

● The Final Session

Final face-to-face appointment offered, with option of three-way appointment with the probation practitioner.

Action plan is reviewed.

Next steps discussed and assessed if any further support is needed.

Profile

- ▶ Lacks confidence to engage in community activities.
- ▶ May spend a significant amount of time alone.
- ▶ Recognises the value of strong pro-social support groups but is struggling to develop these fully.
- ▶ Has one or more close friends not involved in criminal activity and/or spends limited time each week with non-offending peers or some affiliation to non-offending groups and activities.
- ▶ May recognise that some lifestyle choices and associations have affected their behaviour and may trigger reoffending, such as illegal drug use, alcohol, gambling, peer choice, limited medium and long-term goals.

Average number of sessions: Five (over four weeks)

Delivered by Interventions Alliance

Underpinned by ongoing dialogue with the probation practitioner for key events, updates and risks, Same day updates following every contact on the Refer and Monitor System.



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🏠 Support and Engagement

Sessions can explore:

- ▶ Causes of offending;
- ▶ Community engagement; and
- ▶ Core values, beliefs and impact on behaviour.

Plus, low complexity options.

● The Final Session

Final face-to-face appointment offered, with option of three-way appointment with the probation practitioner.

Action plan is reviewed.

Next steps discussed and assessed if any further support is needed.

Profile

- ▶ Recognises the value of strong pro-social support groups but does not belong to any and shows limited interest in doing so.
- ▶ Spends most of their time alone or using social networking sites or web-based sites, but with limited face-to-face social interaction.
- ▶ Is aware of the value of positive attachments but does not have any at present and/or spends a significant amount of time with pro-criminal social groups.
- ▶ Engages in anti-social behaviours including (non-addiction) drug use, regular problematic alcohol use, problematic gambling, poor behaviour that impacts negatively on the wider community and/or displays impulsiveness in risk taking activities, such as putting themselves or others at risk of harm.

Average number of sessions: Eight (over eight weeks)

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🏠 Support and Engagement

▶ Same modules as for medium complexity but in a one-to-one format, with a more intensive and detailed exploration of barriers and greater individual challenge.

▶ For those at risk of extremism, individual sessions may be supplemented with peer mentor support delivered in a group setting to accompany the core values and beliefs module.

▶ A specialist one-to-one module, Eradicating Racism and Seeking Equality (ERASE), for participants convicted of hate crimes or those who display racist behaviours/attitudes.

● The Final Session

Final face-to-face appointment offered, with option of three-way appointment with the probation practitioner.

Action plan is reviewed.

Next steps discussed and assessed if any further support is needed.

Profile

- ▶ Has limited or no attachments/associations that are unrelated to offending behaviour.
- ▶ Does not belong to community groups or pro-social organised activities and does not place value on being part of them.
- ▶ Has no strong relationships outside of immediate family with people who don't offend and/or spends most of their time alone using social networking sites or web-based sites, but with no face-to-face social interaction.
- ▶ Has strong links to county lines, serious group offending affiliations, exposure to extremism, at risk of radicalisation, certain online offences.

Average number of sessions: 12 (over eight weeks)

Delivered by Interventions Alliance

Underpinned by ongoing dialogue with the probation practitioner for key events, updates and risks, Same day updates following every contact on the Refer and Monitor System.