

Monday 4 <sup>th</sup> March		Tuesday 5 <sup>th</sup> March		Wednesday 6 <sup>th</sup> March		Thursday 7 <sup>th</sup> March		Friday 8 <sup>th</sup> March	
<b>3<sup>rd</sup> March – World Hearing Day</b>		<b>4<sup>th</sup> – 9<sup>th</sup> March - National Careers Week</b>		<b>14<sup>th</sup> February-28<sup>th</sup> March - Lent</b>		<b>8<sup>th</sup> March – International Women's Day</b>		<b>10<sup>th</sup> March - Mother's Day</b>	
DIY Healthy Breakfast 9:30 – 10:30		DIY Healthy Breakfast 9:30 – 10:30		DIY Healthy Breakfast 9:30 – 10:30		DIY Healthy Breakfast 9:30 – 10:30		DIY Healthy Breakfast 9:30 – 10:30	
Bike Right- Bike Ride 10:00-12:00 	Inside Academy Self-employment Support 10:00-16:00 	Budget Bites /Have your say! 10:00-12:30 	Inside Academy Self-employment Support 10:00-16:00 	Inside Academy Self-employment Support 10:00-16:00 	Intro to BSL 10:30-11:30 	Lego Nostalgia & Brunch 10:00-12:00 	Inside Academy Self-employment Support 10:00-16:00 	Keyring Making 10:00-11:00 	Animal Teach 11:15-13:15 
<b>Cyber Cafe 12:00 – 13:00</b>		<b>Cyber Cafe 12:00 – 13:00</b>		<b>DIY Hub Lunch 11:30-12:30</b>		<b>DIY Hub Lunch 12:00 – 13:00</b>		<b>Cyber Cafe 12:00 – 13:00</b>	
Wellness sleep sessions with Sean's Wellness 13:00-14:30 	Budgeting – Mind your pennies 13:00 – 14:00 	Get out of the mind with movement! 13:00 – 15:00 	IOM Meet Up! 13:30-14:30 <i>Invitation only</i>	Drama <i>With Melodrama acting school</i> 12:30 – 14:00 	Cyber Café 12:00 – 1:00 	Women's Only – Celebrating Women for International Women's Day! 13:00 – 15:00 	<b>Liverpool History Walk Time TBC</b> 	Fab Fun Fridays 13:00 – 14:00 	DMC Media 13:00-16:00 
Employment Café 14:00-16:00 	Debt Support Drop In 15:00 – 16:00 		Hub's Got Talent Drop in Practice 15:00-16:00 	Sketching Skills 14:00-15:00 	Accommodation Support Drop In 15:00 – 16:00 		Access to Services Drop In 15:00 – 16:00 	Sports 14:00 – 16:00 	Next Stage Drop In 15:00 – 15:30 
Monday 11 <sup>th</sup> March		Tuesday 12 <sup>th</sup> March		Wednesday 13 <sup>th</sup> March		Thursday 14 <sup>th</sup> March		Friday 15 <sup>th</sup> March	
<b>14<sup>th</sup> February - 28<sup>th</sup> March - Lent</b>		<b>14<sup>th</sup> February - 28<sup>th</sup> March - Lent</b>		<b>14<sup>th</sup> February - 28<sup>th</sup> March - Lent</b>		<b>10<sup>th</sup> March – 9<sup>th</sup> April - Ramadan</b>			
DIY Healthy Breakfast 9:30 – 10:30		DIY Healthy Breakfast 9:30 – 10:30		DIY Healthy Breakfast 9:30 – 10:30		DIY Healthy Breakfast 9:30 – 10:30			
Bike Right- Bike Maintenance 10:00-12:00 	3D Printing 10:00-16:00 	3D Printing 10:00-16:00 	Indoor Sports 10:00-11:00 	3D Printing 10:00-16:00 	Gardening 10:00-12:00 	3D Printing 10:00-16:00 	Hub Walk 10:00-11:00 	3D Printing 10:00-16:00 	Staff Meeting  Hub closed until 11am (except for 3D printing)
<b>DIY Hub Lunch 12:00 – 13:00</b>		<b>Cyber Cafe 12:00 – 13:00</b>		<b>DIY Hub Lunch 12:00 – 13:00</b>		<b>Cyber Cafe 12:00 – 13:00</b>		<b>Cyber Café 12:00 – 13:00</b>	
Budgeting – Mind your pennies 13:00 – 14:00 	Metal Smithing 11:00-14:00 	Get out of the mind with movement! 13:00 – 15:00 	Budget Bites 11:00 – 12:30 	Easy Wednesday Baking 13:00-15:00 	Cyber Café 12:00 – 13:00 	Women's Only – Diamond Art 13:00 – 14:00 	.Painting Skills 11:00-12:00 	Fab Fun Fridays 13:00 – 14:00 	Chat & Bat 11:00 – 12:30 
Clay Modelling 14:00-15:00 	All of Me Sensory Hour 15:00-16:00 <i>Speak to your support worker</i>	IOM Meet Up! 13:30-14:30 <i>Invitation only</i>	Hub's Got Talent Drop in Practice 15:00-16:00 		Accommodation Support Drop In 15:00 – 16:00 	Women's Only – Mindfulness Colouring 14:00-15:00	Access to Services/Debt Support Drop In 15:00 – 16:00 	Sports 14:00 – 16:00 	Next Stage Drop In 15:00 – 15:30 

Monday 18 <sup>th</sup> March		Tuesday 19 <sup>th</sup> March		Wednesday 20 <sup>th</sup> March		Thursday 21 <sup>st</sup> March		Friday 22 <sup>nd</sup> March	
14 <sup>th</sup> February - 28 <sup>th</sup> March - Lent		10 <sup>th</sup> March-9 <sup>th</sup> April - Ramadan		18 <sup>th</sup> -24 <sup>th</sup> March - Neurodiversity Celebration Week		21 <sup>st</sup> March - World Down Syndrome Day		21 <sup>st</sup> March - International Day for the Elimination of Racial Discrimination	
<b>DIY Healthy Breakfast 9:30 – 10:30</b>		<b>DIY Healthy Breakfast 9:30 – 10:30</b>		<b>DIY Healthy Breakfast 9:30 – 10:30</b>		<b>DIY Healthy Breakfast 9:30 – 10:30</b>		Graffiti Mural Art 09:30-15:00	
Bike Right- Bike Maintenance 10:00-12:00 	<b>CSCS &amp; Traffic Marshal course All day</b> <i>Book on with your support worker</i>	<b>CSCS &amp; Traffic Marshal course All day</b> <i>Book on with your support worker</i>	Save & Made Drop In 10:00-16:00 	<b>Transform and Achieve 10:00-16:00</b> Debt/Local services advice AM Employability/ Life skills PM	Easter Arts & Craft 14:00-15:00 	Graffiti Mural Art 09:30-15:00 	Hub Walk 10:30-12:00 		Model Making 10:00-11:00 
<b>Cyber Cafe 12:00 – 13:00</b>		<b>Cyber Café 12:00 – 13:00</b>		<b>Cyber Cafe 12:00 – 13:00</b>		<b>DIY Hub Lunch 12:00 – 13:00</b>		<b>Cyber Cafe 12:00 – 13:00</b>	
Budgeting – Mind your pennies 13:00 – 14:00 	Wellness sleep sessions with Sean's Wellness 13:00-14:30 	Indoor Sports 11:00-12:00 	<i>Koestler Arts Drop In</i> 12:00-15:00 	Hub's Got Talent! 13:00-15:00 	Budget Bites 11:00 – 12:30 	Women's Only – Baking 13:00-14:00 	Cyber Café 12:00 – 13:00 	Fab Fun Fridays 13:30 – 14:00 	Chat & Bat 11:00 – 12:30 
Employment Café 14:00-16:00 	Debt Support Drop In 15:00 – 16:00 	Get out of the mind with movement! 13:00 – 15:00 	Hub's Got Talent Drop in Practice 15:00-16:00 	Accommodation Support Drop In 15:00 – 16:00 	Women's Only – Board Games 14:00 – 15:00 	Access to Services Drop In 15:00 – 16:00 	Sports 14:00 – 16:00 	Next Stage Drop In 15:00 – 15:30 	
Monday 25 <sup>th</sup> March		Tuesday 26 <sup>th</sup> March		Wednesday 27 <sup>th</sup> March		Thursday 28 <sup>th</sup> March		Friday 29 <sup>th</sup> March	
14 <sup>th</sup> February - 28 <sup>th</sup> March - Lent		10 <sup>th</sup> March – 9 <sup>th</sup> April – Ramadan		27 <sup>th</sup> March – 2 <sup>nd</sup> April World Autism Acceptance Week		29 <sup>th</sup> March – Good Friday		31 <sup>st</sup> March – Easter Sunday	
<b>DIY Healthy Breakfast 9:30 – 10:30</b>		<b>DIY Healthy Breakfast 9:30 – 10:30</b>		<b>DIY Healthy Breakfast 9:30 – 10:30</b>		<b>DIY Healthy Breakfast 9:30 – 10:30</b>		<b>Good Friday Bank Holiday</b>  Hub closed  	
Easter Mug Decorating 10:30-12:00 	Bike Right- Bike Maintenance 10:00-12:00 	Hub Newsletter 10:00-11:00 	Budget Bites 11:00 – 12:30 	<b>Transform and Achieve 10:00-16:00</b> Debt/Local services advice AM Employability/Life skills PM	Veterans Breakfast Morning 10:30 – 12:00 	Hub's Got Talent! Heats All Day 	Fry Up 10:30-11:30 		
<b>DIY Hub Lunch 12:00 – 13:00</b>		<b>Cyber Cafe 12:00 – 13:00</b>		<b>DIY Hub Lunch 12:00 – 13:00</b>		<b>DIY Hub Lunch 12:00 – 13:00</b>			
Budgeting – Mind your pennies 13:00 – 14:00 	Cyber Café 12:00 – 13:00 	Get out of the mind with movement! 13:00 – 15:00 	IOM Meet Up! 13:30-14:30 <i>Invitation only</i>	Drama <i>With Melodrama acting school</i> 12:30 – 14:00 	Cyber Café 12:00 – 1:00 	Quiz 13:00-14:00 	Cyber Café 12:00 – 13:00 		
Easter Film Club 13:00-15:00 	All of Me Sensory Hour 15:00-16:00 <i>Speak to your support worker</i>	Hub's Got Talent Drop in Practice 15:00-16:00 	Board Games 14:00-15:00 	Accommodation Support Drop In 15:00 – 16:00 	Easter Games 14:00-15:00 	Access to Services/Debt Support Drop In 15:00 – 16:00 			

