

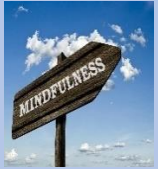
























Monday 1 <sup>st</sup> April	Tuesday 2 <sup>nd</sup> April	Wednesday 3 <sup>rd</sup> April	Thursday 4 <sup>th</sup> April	Friday 5 <sup>th</sup> April				
CLOSED FOR THE BANK HOLIDAY	<b>Woman's Morning</b> Adults/children 11:00-1:00  <b>Upcycle a bag!</b> 11:00-12:00 	<b>The bags I carry.</b> Link in with Professionals 12:00-1:00 	<h2 style="text-align: center;">APRIL 2024</h2>	<b>Men's Morning</b> 11:00-12:30  <b>Men's Mindfulness</b> 10:00-11:00 				
	<b>Budget bites 1:00 – 2:00</b> 	<b>Accommodation Support</b> 10:00-12:00 	<b>Luton Allotments Hub Planning</b> 10:00-12:30 	<b>Upcycling</b> 10:30-11:30 	<b>Fella's Fryday!</b> 11:00-12:30 			
	<b>Board Games</b> 1:00-2:00 	<b>Everyday Eats</b> 11:00-12.30 	<b>Food Fusion 1:00-2:00</b> 	<b>Employment, Training &amp; Education</b> 10:00-1:00				
	<b>Money saving tips</b> 2:00-3:00 	<b>Digital college</b> 3:00-4:00 	<b>Let's make music!</b> 1:00-2:00 	<b>Lego Models</b> 1:00-2:00 	<b>Fun Friday</b> 1:00-2:30 			
	<b>Money saving tips</b> 2:00-3:00 	<b>Digital college</b> 3:00-4:00 	<b>Cricut Designs</b> 2:00-3:00 	<b>Digital college</b> 3:00-4:00 	<b>Creative Corner</b> 2:00-3:00 	<b>Digital College</b> 3:00-4:00 	<b>Puzzles</b> 1:30-2:30 	<b>Digital College</b> 3:00-4:00 






























HM Prison &  
Probation Service












































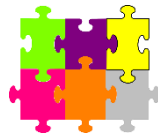







Interventions  
Alliance  
Part of the Seetec Group



European Union  
European  
Social Fund

Monday 8 <sup>th</sup> April		Tuesday 9 <sup>th</sup> April		Wednesday 10 <sup>th</sup> April		Thursday 11 <sup>th</sup> April		Friday 12 <sup>th</sup> April	
Tea and Toast & Topic 10:00-11:00		Woman's Morning Adults 11-1:00		<b>APRIL 2024</b>				Men's Morning 11:00-12:30	
Luton Allotments 10:00-12:30 		Bath Bomb Making 11:00-12:00 Snacks 	Link in with Professionals 12.00-1.00 	Accommodation Support 10:00-12:00 	Traffic Marshall Course 9.30-4.00 	Upcycling 10:30-11:30 	Traffic Marshal Course 9.30-4.00 	Men's Mindfulness 10:00-11:00 	Fella's Fryday! 11:00-12:30 
Young Men's Monday's 2:00-4:00		Budget bites 1:00-2:00 		Luton Allotment Planning at the Hub 10:00-12:30		Food Fusion 1:00-2:00 		<i>Employment, Training &amp; Education</i> 10:00-1:00	
Saving the planet 		Board Games 1:00-2:00 		Everyday Eats 11:00-12:30 	Let's make music! 1:00-2:00 	Lego Models 1:00-2:00 		Fun Friday 1:00-2:30 It's FRIDAY! 	
Snacks 		Money saving tips 2:00-3:00 	Digital college 3:00-4:00 	Cricut Designs 2:00-3:00 	Digital College 3:00-4:00 	Creative Corner 2:00-3:00 	Digital College 3:00-4:00 	Puzzles 1:30-2:30 	Digital College 3:00-4:00 
Catch up with Probation / Support Worker 3:00-4:00 									

Monday 15 <sup>th</sup> April	Tuesday 16 <sup>th</sup> April	Wednesday 17 <sup>th</sup> April	Thursday 18 <sup>th</sup> April	Friday 19 <sup>th</sup> April		
Tea and Toast & Topic 9:30 – 11:00	<b>Woman's Morning Adults/children 11:00-1:00</b>	<b>APRIL 2024</b>		<b>Men's morning 11:00-12:30</b>		
Luton Allotments 10:00-12:30 	Zumba Class 11:00-12:00  Link in with Professionals 12:00-1:00 	Accommodation Support 10:00-12:00 	Allotments Planning at the hub 10:00-12:30 	Upcycling 10:30-11:30  Put your hands to use! D.I.Y 11:00-1:00 	Men's Mindfulness 10.00-11.00  Fella's Fryday! 11:00-12:30 	
Young Men's Monday 2:00-4:00	Budget bites 1:00-2:00 			Food Fusion 1:00 – 2:00 	<b>Employment Training &amp; Education 10:00-1:00</b>	
Sport 	Board Games 1:00-2:00 	Everyday Eats 11:00-12:30 	Let's make music! 1:00-2:00 	Lego Models 1:00-2:00 	Fun Friday 1:00-2:30 	
Catch up with Probation / Support Worker 	Money saving tips 2:00-3:00 	Digital college 3:00-4:00 	Cricut Designs 2:00-3:00 	Digital College 3:00-4:00 	Puzzles 1:30-2:30 	Digital college 3:00-4:00 

Monday 22 <sup>nd</sup> April		Tuesday 23 <sup>rd</sup> April		Wednesday 24 <sup>th</sup> April		Thursday 25 <sup>th</sup> April		Friday 26 <sup>th</sup> April		
Tea, Toast & Topic 9:30 – 11:00		Women's morning Adults 11:00-1:00		<b>April 2024</b> Accommodation Support 9:30-12:00  Allotment Planning at the hub 10:00-12:30 		Upcycling 10:30-11:30 		Put your hands to use! D.I.Y 11:00-1:00 		
Luton Allotment 10:00-12:30 		Flower arranging 11:00-12:00 	Link in with Professionals 12:00-1:00 			Everyday Eats 11:00-12:30 		Food Fusion 1:00-2:00 		Men's Mindfulness 10:00-11:00 
Young Men's Monday 2:00-4:00		Budget bites 1:00-2:00 		Board Games 11:00-12:30 		Let's make music! 1:00-2:00 		Employment Training & Education 10:00-1:00		Countryside Walk 1:00-4:00 
Cricut Designs 14:00-15:00 	Snacks 	Board Games 1:00-2:00 		Lego Models 1:00-2:00 		Creative Corner 2:00-3:00 		Puzzles 1:30-2:30 		
Catch up with Probation / Support Worker 3:00-4:00 		Money saving tips 2:00-3:00 	Digital college 3:00-4:00 	Cricut Designs 2:00-3:00 	Digital College 3.00-4.00 	Digital college 3:00-4:00 		Digital college 3:00-4:00 		



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