



Referral criteria: In community

Referral

Referral received from the probation practitioner and allocated through the referral and monitoring system

Intended outcomes of support identified at referral.

Text reminder is sent for the first assessment.

Assessment

Initial assessment appointment takes place within 10 days after referral, highlighting any needs and barriers. An action plan is created using set SMART targets.

Action Plan

Action plan with dates recorded on the monitoring system for the probation practitioner's approval.

Participant is provided with a copy of their action plan, so they know what their expected next steps are. The action plan will include frequency of contact needed and type of contact (phone/virtual/face-to-face, group-work).

Dates of next appointment are set out clearly to encourage attendance and engagement.

The Final Session

At the final face-to-face session, option of three-way appointment with Probation Practitioner.

Action plan is reviewed.

Next steps discussed and assessed if any further support is needed.

End of service report submitted to identify any further support needs.



Referral criteria: In community



Support and Engagement

Sessions can include:

- ▶ Specialist legal advice;
- ▶ Family ties workshop;
- ▶ Family meetings;
- ▶ Relationship workshop;
- ▶ Conflict and communication workshop; and
- ▶ Activity workshop.

The individual might also engage in our virtual learning hub and online chat facility.



Profile

- ▶ Has positive contact with some family or some significant others and may have positive support of family members.
- ▶ Has previously lost contact with family and recently renewed contacts but there remain some difficulties.

**Average number of sessions: Five hours
(one to two sessions a month).**



Families and significant others outcomes

Desired outcomes and activities:

- ▶ Participant develops or maintains positive family relationships and avoids harmful relationships;
- ▶ Participant demonstrates confident and responsible parenting behaviours (where applicable);
- ▶ Participant improves ability to develop positive intimate relationships including communication, resilience, negotiation and assertiveness skills;
- ▶ Participant demonstrates positive coping strategies in the event of temporary or irretrievable breakdown of familial or other relationships; and
- ▶ Participant complies with any voluntary or mandatory family or relationship-focused therapeutic/behavioural change programmes.



Referral criteria: In community



Support and Engagement

Sessions can include:

- ▶ Interventions in parenting; and
- ▶ Step Back Violence Reduction Programme.

Plus, the same sessions as low complexity.



Profile

- ▶ Has more difficulties in relationships with family and significant others or is in the process of resolving difficulties.
- ▶ Has a mix of good and difficult relationships with family and significant others.

**Average number of sessions: 12 hours
(one to two sessions a fortnight).**



Families and significant others outcomes

Desired outcomes and activities:

- ▶ Participant develops or maintains positive family relationships and avoids harmful relationships;
- ▶ Participant demonstrates confident and responsible parenting behaviours (where applicable);
- ▶ Participant improves ability to develop positive intimate relationships including communication, resilience, negotiation and assertiveness skills;
- ▶ Participant demonstrates positive coping strategies in the event of temporary or irretrievable breakdown of familial or other relationships; and
- ▶ Participant complies with any voluntary or mandatory family or relationship-focused therapeutic/behavioural change programmes.

Delivered by Forward Trust

Underpinned by ongoing dialogue with the probation practitioner for key events, updates and risks, Same day updates following every contact on the Refer and Monitor System.

forward



**Interventions
Alliance**

Part of the Seetec Group

Family and significant others

Participant Profile: High Complexity

Referral criteria: In community



Support and Engagement

Sessions can include:

- ▶ Domestic violence prevention programmes.

Plus, the same as low and medium complexity.



Profile

- ▶ Has little or no contact with family and does not care about what their family thinks feel or expects.
- ▶ Participant describes hostile, indifferent uncaring relationships with family and significant others.
- ▶ Participant's relationship has recently ended or is likely to do so.

Average number of sessions: 20 hours (one to two sessions a week).



Families and significant others outcomes

Desired outcomes and activities:

- ▶ Participant develops or maintains positive family relationships and avoids harmful relationships;
- ▶ Participant demonstrates confident and responsible parenting behaviours (where applicable);
- ▶ Participant improves ability to develop positive intimate relationships including communication, resilience, negotiation and assertiveness skills;
- ▶ Participant demonstrates positive coping strategies in the event of temporary or irretrievable breakdown of familial or other relationships; and
- ▶ Participant complies with any voluntary or mandatory family or relationship-focused therapeutic/behavioural change programmes.

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