



Referral criteria: In community

Referral

Referral received from the probation practitioner and allocated through the referral and monitoring system

Intended outcomes of support identified at referral.

Text reminder is sent for the first assessment.

Assessment

Initial assessment appointment takes place within 10 days after referral, highlighting any needs and barriers. An action plan is created using set SMART targets.

Action Plan

Action plan with dates recorded on the monitoring system for the probation practitioner's approval.

Participant is provided with a copy of their action plan, so they know what their expected next steps are. The action plan will include frequency of contact needed and type of contact (phone/virtual/face-to-face, group-work).

Dates of next appointment are set out clearly to encourage attendance and engagement.

The Final Session

At the final face-to-face session, option of three-way appointment with Probation Practitioner.

Action plan is reviewed.

Next steps discussed and assessed if any further support is needed.

End of service report submitted to identify any further support needs.



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Support and Engagement

Sessions can explore:

- ▶ An introduction to behavioural change;
- ▶ Goal-setting;
- ▶ Identity/self-image;
- ▶ How to access community services;
- ▶ Communication skills; and
- ▶ Motivation and change.

Workshop options will be based on individual needs or target outcomes.



Profile

- ▶ Lacks confidence to engage in community activities.
- ▶ May spend a significant amount of time alone.
- ▶ Recognises the value of strong pro-social support groups but is struggling to develop these fully.
- ▶ Has one or more close friends not involved in criminal activity and/or spends limited time each week with non-offending peers or some affiliation to non-offending groups and activities.
- ▶ May recognise that some lifestyle choices and associations have affected their behaviour and may trigger reoffending, such as illegal drug use, alcohol, gambling, peer choice, limited medium and long-term goals.

Average number of sessions: Five



Lifestyle and associates outcomes

Desired outcomes and activities:

- ▶ Participant has improved pro-social self-identity and ability to access community-based support networks;
- ▶ Participant sustains engagement in pro-social leisure interests and purposeful activities;
- ▶ Participant reduces engagement with pro-criminal associates and activities;
- ▶ Participant has a decreased reliance on negative peer relationships or networks, such as organised crime groups or extremism groups; and
- ▶ Participants are engaged in their community and able to make a positive contribution.



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Support and Engagement

Sessions can explore:

- ▶ Causes of offending;
- ▶ Community engagement; and
- ▶ Core values, beliefs and impact on behaviour.

Plus, low complexity options.



Profile

- ▶ Recognises the value of strong pro-social support groups but does not belong to any and shows limited interest in doing so.
- ▶ Spends most of their time alone or using social networking sites or web-based sites, but with limited face-to-face social interaction.
- ▶ Is aware of the value of positive attachments but does not have any at present and/or spends a significant amount of time with pro-criminal social groups.
- ▶ Engages in anti-social behaviours including (non-addiction) drug use, regular problematic alcohol use, problematic gambling, poor behaviour that impacts negatively on the wider community and/or displays impulsiveness in risk taking activities, such as putting themselves or others at risk of harm.

Average number of sessions: Eight



Lifestyle and associates outcomes

Desired outcomes and activities:

- ▶ Participant has improved pro-social self-identity and ability to access community-based support networks;
- ▶ Participant sustains engagement in pro-social leisure interests and purposeful activities;
- ▶ Participant reduces engagement with pro-criminal associates and activities;
- ▶ Participant has a decreased reliance on negative peer relationships or networks, such as organised crime groups or extremism groups; and
- ▶ Participants are engaged in their community and able to make a positive contribution.



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Support and Engagement

- ▶ Same modules as for medium complexity but in a one-to-one format, with a more intensive and detailed exploration of barriers and greater individual challenge.



Profile

- ▶ Has limited or no attachments/ associations that are unrelated to offending behaviour.
- ▶ Does not belong to community groups or pro-social organised activities and does not place value on being part of them.
- ▶ Has no strong relationships outside of immediate family with people who don't offend and/or spends most of their time alone using social networking sites or web-based sites, but with no face-to-face social interaction.
- ▶ Has strong links to county lines, serious group offending affiliations, exposure to extremism, at risk of radicalisation, certain online offences.

Average number of sessions: 12



Lifestyle and associates outcomes

Desired outcomes and activities:

- ▶ Participant has improved pro-social self-identity and ability to access community-based support networks;
- ▶ Participant sustains engagement in pro-social leisure interests and purposeful activities;
- ▶ Participant reduces engagement with pro-criminal associates and activities;
- ▶ Participant has a decreased reliance on negative peer relationships or networks, such as organised crime groups or extremism groups; and
- ▶ Participants are engaged in their community and able to make a positive contribution.